

HELP ME

(C - / D – major)

1. I feel, I'm alone, no conversation, no phone,
 I don't know, where to go, just emptiness.
 I don't see any sense, I got no goals, no plans, just restlessness

2. So hard it can be, if future you can't see, just desperation.
 But there is a small hope, my blues I once can cope to leave isolation.

Refrain: Help me to get out of my depression, Father, help me,
 I have lost the joy and passion, I can't walk on, my strength is gone.
 Help me, give vitality, enthusiasm, Father, help me,
 I need no advice, no compassion, but energy to get free.

Interlude: C4 - C - F - C a - C - G - C - G
 C4 - C - F - C a - a - G - C - G
 a - F - G - A4 - A > transposition to D- major

3. And lonesome, lost and sad in nights of self-reproach and regrets, I'm walking.
 I watch the people move, but I stand aloof not talking.
 If you didn't forget me, Father,

Refrain. help me, please give back my vital power, Father help me,
 Help to come out of the tower of lethargy, help to get free.
 Help me to surmount the depressing sadness, oh Lord, help me
 to attain contentment and gladness, to find rest in my breast,
 a life that's blessed.